

**Solano HEALS (Health Equity for All Lives in Solano)
Meeting Notes**

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Date: Wednesday, May 31, 2017

Address: Joseph Room at JFK Library, 505 Santa Clara Street, Vallejo, CA 94590

Time: 5:00 PM – 7:30PM

Notes Taken by: Kristine Lalic

Attendees: Denise Pecha, Sakari Lyons; Yolanda Bryant; Loretta Calloway; Lakethia Lake-Pascua; Danita Taylor, Kristine Lalic; Asundep Ntui; Sonam Rajbhandary; Susan Whalen

Agenda Item	Notes	Action Steps
1. Welcome/Introductions/Announcements	<p>Denise Pecha briefly introduced CityMatCH as an organization. They are primarily interested in addressing disparities in birth outcomes and prefer community involvement (i.e. residents, employees, nontraditional partners) within cohort strategies.</p> <p>CityMatCH expects all cohorts to develop a downstream (i.e. clinical) strategy and upstream (i.e. Life Course factors, behavioral, structural/institutional) strategy. Strategies should be data informed and community driven.</p> <p>Expectations include...</p> <ul style="list-style-type: none"> • 3 months → Identify upstream and downstream strategies; Develop logic plan/evaluation plan • 6 months → Implement strategies 	
2. Data	<p>Susan briefly summarized available Solano County data.</p> <ul style="list-style-type: none"> • Compared to other counties in California, Solano County has a higher infant mortality rate (5.5 deaths per 1,000 live births). • Compared to White, Hispanic, and Asian/Pacific Islander babies, Black babies in Solano County are twice as likely to die before their first birthday. • There are several causes of infant death, including prematurity, birth defects, childhood illness, Sudden Infant Death Syndrome (SIDS), problems during delivery, infection, and accidents. • Using a tool called the Perinatal Periods of Risk (PPOR) approach, we have found that most excess deaths of Black infants occur in the 	

	<p>maternal health/prematurity period.</p> <ul style="list-style-type: none"> • Compared to White babies, Black babies in Solano County are twice as likely to be born at very low birth weights. Low birth weight and prematurity are usually associated. • Risk factors for prematurity are diverse and include maternal medical history (i.e. previous spontaneous preterm delivery, C-section), maternal anatomical features (i.e. short cervix), maternal birth history (short inter-pregnancy intervals, delivery of twins or triplets), maternal behavior during pregnancy (i.e. smoking), and congenital anomalies (i.e. environmental exposure, maternal age and diet, heredity, assisted reproductive technology). <ul style="list-style-type: none"> ○ Preconception health can be further broken down into Life Course factors such as stress (i.e. during pregnancy, over life course) and chronic disease (i.e. obesity, hypertension, diabetes). • PPOR Phase 1 analysis indicates that there are some significant risk factors for very low birth weights among Black babies, which include insurance coverage, attending 12+ prenatal care visits, and early entry into prenatal care. If these risk factors are addressed, we would see a 25% to 50% risk reduction of delivering low birth weight Black babies in Solano County. <ul style="list-style-type: none"> ○ Other risk factors include having 4+ children prior to current pregnancy, teenage pregnancy, obesity, and maternal age 35 or older. ○ There is a limitation to our data. Solano County data indicates that smoking is a protective factor, but there are several large studies that clearly conclude that smoking can be harmful during pregnancy and is not recommended. 	
<p>3. Graffiti Wall Exercise</p>	<p>Attendees participated in the Graffiti Wall activity, which utilizes Contra Costa MCAH's 12-point plan and identified their individual top three strategies for addressing disparities in birth outcomes for Black babies and families.</p> <p>The following include ideas identified as preferred strategies:</p> <ul style="list-style-type: none"> • <u>IMPROVING HEALTHCARE FOR BLACK WOMEN</u> <ul style="list-style-type: none"> ○ Provide inter-conception (between pregnancies) care to women with prior adverse pregnancy outcomes <ul style="list-style-type: none"> ▪ Postpartum care/medical assessment at baby's 	

- appointment (1 Vote)
 - Free health education + Prenatal vitamins + Birth control (2 Votes)
 - **Improve the quality of prenatal care for Black women**
 - Ready access to good quality mental health services that understand Black culture (2 Votes)
 - Racism/cultural competency training for medical providers (1 Vote)
 - Increased availability of prematurity prevention (1 Vote)
 - Teach Black women how to be their own health advocates during prenatal visits/appointments (2 Votes)
 - Home visiting mom and babies (1 Vote)
 - **Expand healthcare access over life course for Black women**
 - Culture based care/clinics (1 Vote)
 - Obesity prevention in middle/high school (1 Vote)
 - Create in-home prenatal care with monthly clinic visits (3 Votes)
 - Mobile clinics (including dental clinics). Identify good locations to bring them. (1 Vote)
 - Provide a safe/nurturing environment for women to meet monthly and discuss/support teach other with health/mental stress conditions. (2 Votes)
- **STRENGTHENING BLACK FAMILIES AND COMMUNITIES**
 - **Strengthen father involvement in Black families**
 - Educate father about the importance of their role (3 Votes)
 - More inclusion of fathers in prenatal care (1 Vote)
 - Support services for women and children with incarcerated partners/fathers (1 Vote)
 - **Create reproductive social capital in Black communities**
 - Centering pregnancy (4 Votes)
 - Black Infant Health required in every city. Increase funding to do work (1 Vote)
 - Train mothers to be mentors to other mothers (1 Vote)

	<ul style="list-style-type: none"> • <u>ADDRESSING SOCIAL AND ECONOMIC UNFAIRNESS</u> <ul style="list-style-type: none"> ○ Close the education gap <ul style="list-style-type: none"> ▪ Increase high school graduation rate (3 Votes) ○ Reduce poverty among Black families <ul style="list-style-type: none"> ▪ Financial empowerment trainings (1 Vote) ▪ Incorporate transition program to provide support when families have exceeded time/income requirements allotted for programs (1 Vote) ▪ Incentives for businesses to locate here, plus hire diverse workforce (2 Votes) ○ Supporting working mothers and families <ul style="list-style-type: none"> ▪ Advocate for paid parental leave bill/policies (1 Vote) • <u>UNDO RACISM</u> (4 Votes) <ul style="list-style-type: none"> ○ Provide training/education on racism to medical providers ○ Ensure strategies are acceptable within the Black population ○ Understand Black culture and history ○ Educate/teach Black history ○ Have open dialogue/training regarding racism ○ Implicit bias training for medical staff ○ Review government policies and procedures to remove institutional racism ○ Increase health benefits/essential benefits for groups affected by racism 	
<p>4. Pending Tasks</p>	<ul style="list-style-type: none"> • <i>Wendy will contact GVRD. Sakari will contact Omega Boys and Girls Club.</i> <ul style="list-style-type: none"> ○ This was to find a location for the community meeting, but it was put on hold because at the time we did not have a preferred date. In addition, the group seemed to prefer a different location from library. ○ Task completed ○ Wendy and Danita contacted GVRD, pending response. Danita connected with representative from Neighborhood Rising which will allow Solano HEALS to facilitate meetings at their various community sites throughout Vallejo. • <i>Norma will research the process of incorporation. She can also recruit students to conduct “phone tree” calls if needed – she has a</i> 	

- *contact with the Vallejo City Unified School District.*
 - **Pending.** Normal will bring information about incorporation to next meeting.
- *Askari will share her social media toolkit.*
 - **Pending.** Sakari will follow-up with Askari regarding media toolkit.
- *Nazlin will look into contract for Solano HEALS childcare use.*
 - **Task completed.** Childcare available through New Dawn/Black Infant Health contract. However, need to know time/location prior to approving use of services.
- *Meileen and Asundep will conduct second phase of PPOR data analysis and present their findings.*
 - **Pending**
- *Loretta and Danita will create a tracking sheet of funds raised and donations acquired. Loretta will work on Kaiser Permanente grant.*
 - Tracking sheet completed and continuously updated
 - **Pending.** Kaiser Permanente grant no longer being pursued, will consider next year when we have solid strategies. Loretta, Danita and Kristine are currently preparing application for Sierra Health Responsive Grant which is a great fit for Solano HEALS
- *Eurita will assist in publishing flyer on library website.*
 - **Pending.** Will follow-up with Eurita
- *Sakari will create a “PTA” form for subcommittee options.*
 - Correction – This is Lakethia’s task.
 - **Pending**
- *All workgroup members are welcome to invite community members to meetings.*
 - **Ongoing**
- *All workgroup members are welcome to assist in updating the 100 Partners Excel sheet by providing contact information of*

	<p><i>representative from familiar organization.</i></p> <ul style="list-style-type: none"> ○ Ongoing 	
<p>5. Next Meeting/Upcoming Events</p>	<p>Next meeting: Solano HEALS Community Meeting Date: Monday, June 26, 2017 Time: 5:30PM – 7:30PM Location: Friendship Missionary Baptist Church (1905 Florida St., Vallejo, CA 94590)</p> <p>Upcoming events: Daisy Girl Scout Diaper Drive Date: Saturday, June 3, 2017 Time: 11:00 AM – 1:00 PM Location: Sprinkle’s Deli (Benicia)</p> <p>Healthy Store Makeover – Bourbon House (Clean-up) Date: Saturday, June 10, 2017 Time: 7:30AM – 2:00 PM Location: 641 Broadway Street, Vallejo, CA 94590</p> <p>Healthy Store Makeover – Bourbon House (Celebration) Date: Saturday, June 16, 2017 Time: Location: 641 Broadway Street, Vallejo, CA 94590</p> <p>Neighborhood Rising Town Hall Meeting & Resources Date: Saturday, June 24, 2017 Time: 12:00 PM – 4:00 PM (Event); 1:00 PM – 3:00 PM (Town Hall Meeting) Location: City Park – Sacramento Street at Louisiana Street</p> <p>Please send information and electronic copies of flyers for upcoming events to SolanoHEALS@gmail.com. Information and flyers can be posted onto the Events page of the Solano Heals website at http://solheals.wixsite.com/solanoheals.</p>	