

**Solano HEALS (Health Equity for All Lives in Solano)
Meeting Notes**

Meeting Notes: Solano HEALS (Health Equity for All Lives in Solano)

Date: Wednesday December 20, 2017

Address: Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

Time: 5:30 PM – 7:30PM

Notes Taken by: Kristine Lalic

Attendees: Loretta Calloway; Lakethia Lake-Pascua; Sakari Lyons; Asundep Ntui; Danita Taylor; Susan Whalen; Tina Mason, MD; Kristine Lalic; Isaiah Bryant IV; Ashleigh Henderson; Ebone Hancox; Krechona Westbrook

Agenda Item	Notes	Action Steps
1. Introductions/Ice Breaker and Announcements	Sakari welcomed attendees to the meeting. Icebreaker: "What is one thing that you are grateful for?"	
2. About "Solano HEALS"	Sakari introduced attendees to the mission of Solano HEALS, defined equity with regards to birth outcomes, and explained the role of CityMatCH in planning and implementing upstream and downstream community-driven strategies.	
3. Upstream/Downstream	Sakari defined upstream and downstream strategies in the context of improving birth outcomes for African American/Black moms, babies, and families.	
4. Strategy Discussion	<p><u>Upstream Strategy:</u> Lakethia informed the group that CityMatCH would like us to pursue a upstream strategy that may have greater impact (more people reached). Lakethia summarized the top 4 upstream strategies brainstormed during the November community meeting:</p> <ul style="list-style-type: none"> • Increasing fatherhood involvement • Mental health services for African American/Black Mothers • Postpartum depression support group and resources • Cultural humility training for medical providers <p>The group further elaborated on these potential strategies.</p> <ul style="list-style-type: none"> • Increasing fatherhood involvement: <ul style="list-style-type: none"> ○ Video series: Dad's journey/storytelling (featuring fathers of pre-term babies) ○ Creating/promoting importance of fatherhood ○ Promoting fatherhood group, fatherhood initiatives, and other 	

	<p>fatherhood initiatives resources</p> <ul style="list-style-type: none"> ○ Combine pre/post groups with fathers ○ Education (GED/college) ○ Prenatal care about “family” to include dad’s bonding time for paternal leave ○ Expand fatherhood groups (who else can run?) ○ Outreach to fatherhood venues (church, barbershops) ○ App development just for fathers <ul style="list-style-type: none"> ● Mental Health Services for African American/Black Mothers: <ul style="list-style-type: none"> ○ Normalize mental health (define it, provide education in community/social media/medical providers, provide resources/referrals/social media) ○ Solano County Mental Health program (Black families) & faith-based/professional development ○ Include prevention, services for low-to-moderate ○ Address referral time and service ○ Messaging (who is speaking? Language used? Keep audience in mind. Make it relatable) ○ Realistic – there is a shortage of Black clinicians ○ Website/App: Black therapist ○ Policy/Supervise/MFT MSW interns and agencies ○ Academies/Academy Black specific groups ○ Black student union/Associations/Mentorships ○ Incentives/Title IV E students ○ Group-based/community ran/SH support ● Postpartum Depression Support Group and Resources: <ul style="list-style-type: none"> ○ Focus groups of women/men/families and providers ○ Increasing education in postpartum visits ○ Non-traditional postpartum visit (less than 6-8 weeks) included in newborn visit ○ Create app/include assessments/questions video visit ○ Re-visit “Postpartum Depression” language (normalize it, self-care, identify) ○ Discuss earlier “depression” (include community, partners, family) ○ CDPH Strategic Plan/ Perinatal Mental Health 	
--	---	--

	<ul style="list-style-type: none"> ○ Home visiting programs ● Cultural Humility Training for Medical Providers: <ul style="list-style-type: none"> ○ Connect to “Increasing Fatherhood Involvement” ○ Focus groups (doula, midwife, OBGYN, MD/NP/PA/RN/MA, all medical providers) ○ Providers (Employment & Eligibility, County, Transportation, Faith-based) ○ TouchPoint Mapping with continuum of care ○ Training mechanism/curriculum/ on the job training ○ Role playing with medical students ○ Racism 101 expansion/GARE training to community (advancing race equity training) ○ Partner with Neighborhood Rising ○ Collaborative: Solano County Office of Education, School District, Solano Community College, Touro University ○ Family Health Clinics (attend cultural humility training for on-boarding staff) ○ Include cultural humility in county ● “The Garden”: <ul style="list-style-type: none"> ○ Preconception/interconception care education ○ Community advocates to connect community to services/referrals 	
<p>5. Next Steps/Announcements</p>	<p>Next Solano HEALS Meeting: Date: Wednesday, January 24, 2017 Time: 5:30PM – 7:30PM Location: JFK Library</p> <p>Upcoming Community Outreach Opportunity: Fresh Start Women’s Conference Saturday, January 20, 2018 Jesse Bethel High School, Vallejo Time TBD</p>	
<p>6. Conclusion/Action Items/Closing</p>	<p>Sakari and Lakethia concluded the meeting.</p>	