

Solano HEALS (Health Equity for African American/Black Lives in Solano) Meeting Notes

Meeting Notes: Solano HEALS (Health Equity for African American/Black Lives in Solano)

Date: Wednesday May 30, 2018

Address: Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

Time: 5:30 PM – 7:30PM

Notes Taken by: Kristine Lalic

Attendees: Meileen Acosta, Passion Bell, Loretta Calloway, Cynthia Coutee, Davon Crawford, Eugene Durrah, Mika Fisher, Shandi Fuller, MD, Amanda Harrison, Kuaji Hill, Lakethia Lake-Pascua, Kristine Lalic, Sakari Lyons, Faraha Nia, Asundep Ntui, Danita Taylor, Susan Whalen

Agenda Item	Notes	Action Steps
1. Welcome/Introductions	Sakari welcomed attendees to the meeting. Attendees answered the question: "What is your name and what do you identify as?"	
2. About "Solano HEALS"	Dr. Fuller introduced the mission of Solano HEALS and defined equity in regards to birth outcomes.	
3. Icebreaker	GARE Team members Cynthia and Meileen facilitated a modified version of the "Laying It On the Line" activity. Statements were as followed: <ul style="list-style-type: none"> • "People who do not follow their doctor's orders are not concerned about their health." • "I believe we can end racial inequity." 	
4. GARE Team: Advancing Racial Equity Training Overview	<p>Meileen introduced the Government Alliance on Race and Equity (GARE) training overview and objectives.</p> <p>Danita defined bias and introduced the difference between explicit vs. implicit and institutional vs. individual bias/racism. She also discussed how individual, institutional, and structural racism and bias all played a role in creating and perpetuating racial inequities:</p> <ul style="list-style-type: none"> • Explicit: "In your face, blatantly obvious" • Implicit: "Not in your face, implied" • Institutional: "From a system or organization" • Individual: "From an individual" <p>Danita emphasized that addressing racial inequities requires disrupting the system at different levels. Normalizing the conversation is also very important.</p>	

5. Team Share Outs

Team 1: Race Equity Training

Team Members: Cynthia Coutee, Dr. Mohamed Jalloh, Dr. Tina Mason

Cynthia shared Team's updates. Dr. Fuller talked to Dr. Stacey about providing the GARE training to Solano County Family Health Services clinic staff. The GARE team will provide a teaser at the next Family Health Services clinic staff meeting.

Dr. Fuller recently added a Adverse Childhood Event Study (ACES) training. She noted lack of representation of African American/Black individuals in the medical population attending this meeting. She was also concerned that the risk factors for multiple health conditions were notably increased for the African American/Black population.

Team 1 is considering pursuing continuing medical education (CME) units for the training. Medical providers are required to complete a certain amount of units to keep their licenses current.

Team 2:

Team Members: Isaiah Bryant, Amanda Harrison, Sakari Lyons, Sheryl Milton

Sakari shared Team 2's updates. They shared a website called "Walk In Our Shows" which uses voiceovers and cartoon-like images to depict mental health stories. There is an interactive activity that allows users to design a shoe and offers an opportunity to share their mental health stories. The website offers definitions of mental health conditions in addition to resources.

Team 3:

Team Members:

Loretta Calloway, Dr. Mohamed Jalloh, Kristine Lalic, Lydia Luckey

Loretta and Kristine shared Team 3's updates. Loretta shared the framework (draft) for the mental health and wellness toolbox. Passion (Touro MCAH Intern) designed a social media campaign which features words of encouragement about normalizing mental health as part of day-to-day conversation and seeking services for mental health conditions. Kristine shared a working design of the toolbox on the Solano HEALS website.

All teams invited attendees to consider joining their teams.

<p>6. Downstream Strategy Update</p>	<p>Dr. Fuller introduced the downstream strategy of Centering Pregnancy (group prenatal care) exclusively for African American/Black women. We are working on recruitment and outreach.</p>	
<p>7. Review Sub-Committee</p>	<p>Sakari introduced the subcommittees and identified the leads for attendees who may be interested in joining.</p>	
<p>8. Mindfulness</p>	<p>Sakari led the mindfulness exercise.</p> <p>Next Solano HEALS Meeting: Date: Wednesday, June 20, 2018 Time: 5:30PM – 7:30PM Location: Joseph Room at JFK Library</p> <p>Next Solano HEALS Workgroup Meeting: Date: Monday, June 4, 2018 Time:10:00-11:30AM Location: 275 Beck Ave, Fairfield, Group Room A</p>	
<p>9. Next Steps/Announcement Sharing/Wrap-Up</p>	<p>Danita shared that Solano HEALS will table at the Juneteenth event in Vallejo on June 18th.</p> <p>Lakethia shared that her sorority will be hosting a Women’s Empowerment Conference on Saturday, June 2nd at the Courtyard Marriot in Vallejo. Registration fee: \$20.</p> <p>Asundep brought up the importance of supporting an African American/Black elected official in the Board of Directors.</p> <p>Faraha introduced Davon Crawford, a doula and lactation consultant. Davon would like to be more involved in the community.</p> <p>Kuaji Hill shared an opportunity to address housing concerns for African American/Black mothers through a venture opportunity to support building a “small house” in Solano County.</p> <p>Sakari concluded the meeting.</p>	