

**Solano HEALS (Health Equity for African American/Black Lives in Solano)
Meeting Notes**

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Date: Wednesday January 24, 2018

Address: Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

Time: 5:30 PM – 7:30PM

Notes Taken by: Kristine Lalic

Attendees: Meileen Acosta; Joseph Aijacon; Isaiah Bryant IV; Yolanda Bryant; Loretta Calloway; Dej Hazel; Marilyn Grimsley; Ashleigh Henderson; Lakethia Lake-Pascua; Kristine Lalic; Sakari Lyons; Tina Mason, MD; Asundep Ntui; Carly Strouse

Agenda Item	Notes	Action Steps
1. Introductions/Ice Breaker and Announcements	Sakari welcomed attendees to the meeting. Icebreaker: Review the “Self-Care Wheel” handout and share a self-care activity you do or want to do.	
2. About “Solano HEALS”	Sakari introduced attendees to the mission of Solano HEALS, defined equity with regards to birth outcomes, and explained the role of CityMatCH in planning and implementing upstream and downstream community-driven strategies.	
3. Downstream Strategy Review	Sakari defined upstream and downstream strategies in the context of improving birth outcomes for African American/Black moms, babies, and families. She reviewed the downstream strategy – Centering Pregnancy (group prenatal care). Lakethia shared updates about the African American/Black Centering Pregnancy pilot project at Kaiser Permanente: <ol style="list-style-type: none"> 1. Proposed implementation date: May 16, 2018; 2. OBGYNs and medical assistants are interested in promoting this pilot project, but are requesting a script; 3. Recruitment for providers will start mid-March 2018. 	
4. Upstream Strategy Logic Model	Sakari informed the group that CityMatCH would like us to pursue a upstream strategy that may have greater impact (more people reached). Sakari summarized the top 4 upstream strategies brainstormed during the November community meeting: <ol style="list-style-type: none"> 1. Increasing fatherhood involvement 2. Mental health services for African American/Black Mothers 3. Postpartum depression support group and resources 4. Cultural humility training for medical providers 	

	<p>Kristine recommended merging strategy 2 and 3 as they relate to mental health services. The group agreed to merge the strategies.</p> <p>The revised list of proposed upstream strategies:</p> <ol style="list-style-type: none"> 1. Increasing fatherhood involvement 2. Mental Health Services for African American/Black Mothers, including postpartum Depression Support Group/Resources 3. Cultural Humility Training for Medical Providers <p>Sakari defined the different categories of the logic model. She reviewed the logic model for Strategy 3) Cultural Humility Training for Medical Providers. The group then filled out the logic models for Strategy 1 and 2. <i>See upstream strategy logic models for more details.</i></p>	
<p>5. Next Steps/Announcements</p>	<p>Sakari revealed the top choice for Solano HEALS' logo. Voting was completed in-person at the December 2017 community meeting. This logo will appear on all promotional materials for Solano HEALS, including the potential banner, social media pages, website, flyers, and potential business cards.</p> <p>Next Solano HEALS Meeting: Date: Wednesday, February 28, 2018 Time: 5:30PM – 7:30PM Location: JFK Library</p> <p>Mocha Momma Chats: Date: Friday, January 26, 2018 Time: 11:00 AM – 12:30 PM Location: 355 Tuolumne St., Room 2109</p> <p>Resilience Screening: Date: Wednesday, January 31, 2018 Time: 3PM – 5:30PM Location: JFK Library Register here.</p> <p>Black History Month: “Union of Black and Native American People” Date: February 14, 2018 Time: 6PM – 8:30PM Location: JFK Library</p>	

	<p>Community Baby Showers: February 17, 2018 (Black mothers & families) March 24, 2018 (Open to all)</p> <p>“The Naked Truth: Death by Delivery” Screening: Date: Tuesday, February 27, 2018 Time: 5:30PM – 8PM Location: Bayview Opera House, 4705 3rd Street, San Francisco, CA 94124 Register here.</p> <p>Opportunity for Pregnant Mothers: Touro University is seeking pregnant volunteers to assist with medical education training. The training will educate medical students about the proper approach to examining a pregnant woman. Volunteers will be paid \$100 per day; 2 hours per day; 3 days total. Flyer is pending.</p>	
6. Conclusion/Action Items/Closing	Sakari concluded the meeting.	