

**Solano HEALS (Health Equity for African American/Black Lives in Solano)  
Meeting Notes**

**Meeting Notes:** Solano HEALS (Health Equity for African American/Black Lives in Solano)

**Date:** Wednesday March 28, 2018

**Address:** Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

**Time:** 5:30 PM – 7:30PM

**Notes Taken by:** Kristine Lalic

**Attendees:** 50 (See “Eventbrite” registration list and original sign-in sheets)

| Agenda Item   | Notes  | Action Steps |
|---|--|--------------|
| <b>1. Introductions/Ice Breaker and Announcements</b> | Sakari welcomed attendees to the meeting.  |              |
| <b>2. About “Solano HEALS”</b>                        | Sakari introduced the mission of Solano HEALS, defined equity with regards to birth outcomes.  |              |
| <b>3. Upstream/Downstream Strategy</b>                | <p>Sakari revealed the results of the community vote: Mental health services for African American/Black mothers.</p> <p>She briefly introduced the logic model and invited attendees to attend the next month’s meeting to learn more about the activities, outputs, and desired outcomes.</p> <p>Sakari shared updates about the downstream strategy – Centering pregnancy (group prenatal care).</p>   |              |
| <b>4. Viewing of “Death by Delivery”</b>              | <p>The group watched “The Naked Truth: Death Delivery”.</p> <p>Sakari led a mindfulness deep breathing exercise.</p> <p>Dr. Fuller moderated the discussion following the screening. Community feedback included:</p> <ul style="list-style-type: none"> <li>• First reactions: “stressed out, shocked, sad, hurts, helpless”</li> <li>• Dr. Tina Mason shared her experience educating doctors in training and nipping odd behaviors involving patients of color in the bud</li> <li>• Dr. Shandi Fuller shared her observations during clinical rotations during her training and her personal experiences with adverse events in pregnancy in her family</li> <li>• Community members shared their experience with not having enough time with their newborns after delivery due to employment expectations, and</li> </ul> |              |

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|  | <p>observations during their medical training that didn't sit well with them at the time but now are validated as being part of a larger scale systemic failure</p> <p>Sakari invited attendees to come back next month to be part of the decision making process in future action steps to address adverse outcomes in pregnancy for African American/Black babies, mothers, and families in Solano County.</p> |  |
| <p><b>5. Next Steps/Announcements</b></p>        | <p><b>Next Solano HEALS Meeting:</b><br/> Date: Wednesday, March 28, 2018<br/> Time: 5:30PM – 7:30PM<br/> Location: JFK Library<br/> Proposed activity: Screening of “Death by Delivery” documentary</p> <p><b>Next Solano HEALS Workgroup Meeting:</b><br/> Date: Monday, April 2, 2018<br/> Time: 10:00-11:30AM<br/> Location: 275 Beck Ave, Fairfield, Group Room A</p>                                       |  |
| <p><b>6. Conclusion/Action Items/Closing</b></p> | <p>Sakari concluded the meeting.</p>   |  |