

**Solano HEALS (Health Equity for African American/Black Lives in Solano)  
Meeting Notes**

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**Date:** Wednesday February 28, 2018

**Address:** Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

**Time:** 5:30 PM – 7:30PM

**Notes Taken by:** Kristine Lalic

Attendees: Meileen Acosta; Joseph Aijacon; Isaiah Bryant IV; Yolanda Bryant; Loretta Calloway; Shandi Fuller, MD; Marilyn Grimsley; Lakethia Lake-Pascua; Kristine Lalic; Wendy Loomas; Sakari Lyons; Tina Mason, MD; Susan Whalen; Deanna Dixon; Denise Dixon

Agenda Item	Notes	Action Steps
<b>1. Introductions/Ice Breaker and Announcements</b>	<p>Sakari welcomed attendees to the meeting.</p> <p>Icebreaker: What was the last movie or book that you watched or read? What are two characteristics of a good team?</p>	
<b>2. About “Solano HEALS”</b>	<p>Sakari introduced attendees to the mission of Solano HEALS, defined equity with regards to birth outcomes, and explained the role of <a href="#">CityMatCH</a> in planning and implementing upstream and downstream community-driven strategies.</p>	
<b>3. Downstream Strategy Review</b>	<p>Susan defined upstream and downstream strategies in the context of improving birth outcomes for African American/Black moms, babies, and families.</p> <p>Sakari reviewed the downstream strategy – Centering Pregnancy (group prenatal care).</p> <p><b>Community Feedback:</b></p> <ol style="list-style-type: none"> <li>1. Joseph A. appreciated that the strategies were sticking to one focus and were not afraid to focus on the African American/Black community. He also recommended on building an institution in the community using both and educational and economic empowerment strategy;</li> <li>2. Dr. Fuller appreciated that toxic stress was being acknowledged in the presentation because she feels it’s not talked about it enough.</li> </ol>	
<b>4. Upstream Strategy Logic Model</b>	<p>Sakari informed the group that CityMatCH, the organization providing technical assistance for Solano HEALS, recommended pursuing an upstream strategy that will reach more people.</p>	

	<p>Sakari summarized the top 4 upstream strategies brainstormed during the November community meeting:</p> <ol style="list-style-type: none"> <li>1. Mental health services for African American/Black Mothers</li> <li>2. Increasing fatherhood involvement</li> <li>3. Postpartum depression support group and resources</li> <li>4. Cultural humility training for medical providers</li> </ol> <p>The group separated into two small teams and reviewed the logic models for the proposed upstream strategies. They wrote their ideas on the printed copies. After discussing the logic models in small groups, the large group reconvened. Sakari collected the printed copies.</p>	<p>Kristine will update the upstream and downstream logic models.</p>
<p><b>5. Next Steps/Announcements</b></p>	<p><b>Next Solano HEALS Meeting:</b>  Date: Wednesday, March 28, 2018  Time: 5:30PM – 7:30PM  Location: JFK Library  Proposed activity: Screening of “Death by Delivery” documentary</p> <p><b>Next Solano HEALS Workgroup Meeting:</b>  Date: Monday, March 5, 2018  Time: 8:30AM – 12PM  Location: 675 Texas St  Proposed activity: Brainstorming &amp; updating logic models</p> <p><b>Community Outreach:</b>  Danita will be tabling at an event on Sonoma and Sacramento in Vallejo on Sunday, March 25, 2018.</p>	
<p><b>6. Conclusion/Action Items/Closing</b></p>	<p>Sakari concluded the meeting.</p>	