

**Solano HEALS (Health Equity for All Lives in Solano)
Meeting Notes**

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Date: Wednesday September 20, 2017

Address: Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

Time: 5:30 PM – 7:30PM

Notes Taken by: Kristine Lalic

Attendees: Loretta Calloway; Lakethia Lake-Pascua; Sakari Lyons; Wendy Loomas; Asundep Ntui; Danita Taylor; Christine Wu; Kristine Lalic; Isaiah Bryant; Krechona Westbrook; Tonisha Cutno

Agenda Item	Notes	Action Steps
1. Introductions/Ice Breaker and Announcements	Sakari welcomed attendees to the meeting. Icebreaker: Memorable experience from year on penny.	
2. About “Solano HEALS”	Sakari introduced attendees to the mission of Solano HEALS, defined equity with regards to birth outcomes, and explained the role of CityMatCH in planning and implementing upstream and downstream community-driven strategies.	
3. Viewing of “Hope is Not Enough” Documentary	<u>Community Member Feedback:</u> <ul style="list-style-type: none"> • Sadness, especially regarding woman who had fallopian tube rupture. “She must have felt so alone” • Surprise, “I did not know that roaches could affect asthma” • Representation, “I was glad there was at least one African American/Black man among those who were addressing the issue of infant mortality.” • Reality, “We were unaware of the racial divide in St. Louis. There’s a street in St. Louis called Del Mar Street, where one side of the street is made up of predominantly White business owners and customers/residents, and the other side is predominantly Black business owners and customers/residents” 	
4. Group Activity/Logic Model	<u>Sakari introduced the top 4 strategies:</u> <ol style="list-style-type: none"> 1. Coach Black women on how to be their own health advocate during prenatal care visits and appointments 2. Free health education, prenatal vitamins, and birth control 3. Centering pregnancy (group prenatal care for women due at the 	

	<p>same time)</p> <ol style="list-style-type: none"> 4. Create in-home prenatal care with monthly clinic visits <p><u>Attendees discussed and filled out logic models for each strategy:</u></p> <ol style="list-style-type: none"> 1. Inputs 2. Activities 3. Outputs 4. Outcomes <p>Danita recommended working backwards by first determining outcomes and then discussing outputs, activities, and inputs.</p> <p><u>Strategy #1: Coach Black women/men on how to be their own health advocate during prenatal care visits and appointments.</u></p> <p><u>Inputs:</u></p> <ol style="list-style-type: none"> 1. Solano County Health & Social Services and its partners, collaborations, etc 2. Solano County Employment and Eligibility 3. Kaiser Permanente 4. Partnership HealthPlan of California 5. La Clínica Great Beginnings 6. Fighting Back Partnership 7. Neighborhood Rising 8. Vallejo Outreach 9. March of Dimes 10. Faith-based leaders in Vallejo <p><u>Activities:</u></p> <ol style="list-style-type: none"> 1. Develop resource guide 2. Promote resources, programs, and services to target audience 3. Provide education about pregnancy-related topics 4. Identify community advocates (i.e. faith based leaders, people who seem to know everyone but may not be associated with a particular group or organization) <p><u>Outputs:</u></p> <ol style="list-style-type: none"> 1. Resource guide or toolkit that can be delivered to community advocates (i.e. faith-based leaders) 	
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	<ol style="list-style-type: none"> 2. Promotional materials 3. List of promotional material distribution locations 4. Hours at community outreach events <p><u>Outcomes:</u></p> <ol style="list-style-type: none"> 1. Increased awareness of community resources, programs, and services 2. Expansion of Black Infant Health program services 3. Increased awareness of pregnancy-related topics, such as breastfeeding promotion 4. Increased self-initiated research about the woman's experience during pregnancy 5. Identified community advocates who can outreach to community members <p><u>Strategy #2: Free health education, prenatal vitamins, and birth control</u></p> <p><u>Inputs:</u></p> <ol style="list-style-type: none"> 1. Materials for health education for family planning 2. Free prenatal vitamins and birth control 3. Insurer partners 4. Planned Parenthood 5. Family Health Services 6. La Clínica Great Beginnings 7. Sutter 8. Partnership HealthPlan of California 9. Black Infant Health 10. Alpha Pregnancy Center 11. Covered California <p><u>Activities:</u></p> <ol style="list-style-type: none"> 1. Create educational materials targeted for Black women of childbearing age 2. Create proposals to recruit community partners 3. Set up meetings with targeted decision makers 4. Understanding what community partner already provide, so we can enhance it 	
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5. Distribution

Outputs:

- 1. Distribution of documents created, birth control, vitamins
- 2. Start with Medi-Cal mothers
- 3. Advertise trainings through community partners
- 4. Trainings for moms (education) and provide the free vitamins and birth control after the education

Outcomes:

- 1. Fewer unplanned pregnancies
- 2. Healthier mothers during pregnancy
- 3. Reduce prematurity possibly
- 4. Increase knowledge of family planning

Strategy #3: Centering pregnancy (group prenatal care for women due at the same time)

Inputs:

- 1. Planned Parenthood
- 2. Sutter
- 3. NorthBay
- 4. Kaiser
- 5. La Clínica Great Beginnings
- 6. Family Health Services
- 7. Centering trainers (First 5 – pay for training)
- 8. Partnership HealthPlan of California (data)
- 9. Independent doulas and midwives – reimburseable

Activities:

- 1. Identify centering agencies
- 2. Provide training on centering
- 3. Promote centering options
- 4. Collect data on participants

Outputs:

	<ol style="list-style-type: none"> 1. Agencies who can offer centering 2. More providers can offer centering 3. More women taking advantage of centering 4. Data can show success <p><u>Outcomes:</u></p> <ol style="list-style-type: none"> 1. Build sense of community 2. Reduce isolation and stress 3. Increase family's health overall 4. Increase in community advocates developed to empower other Black women 5. Universal centering as model of care <p><u>Strategy #4: Create in-home prenatal care with monthly clinic visits</u></p> <p><u>Inputs:</u></p> <ol style="list-style-type: none"> 1. Doulas 2. Black Infant Health 3. "You can give them water, but you can't make them drink it." They must use the information and resources provided 4. More businesses and companies to help get the information out (i.e. Target, Walmart, liquor store) 5. Flyers and pamphlets <p><u>Activities:</u></p> <ol style="list-style-type: none"> 1. Increase prenatal care in early first trimester 2. Social networking 3. Empowerment 4. Education and information about health 5. Prenatal groups <p><u>Outputs:</u></p> <ol style="list-style-type: none"> 1. 50% of the AA female population of childbearing age 2. Spread the word with word of mouth 3. Marketing and advertisement 4. Outreach/street outreach 5. Community/grocery store 6. Flyers in stores 7. Tables with free message to educate the community 	
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	<p>Outcomes:</p> <ol style="list-style-type: none"> 1. One in-home visit and more “out of the house” activities 2. Uprising for prenatal services 3. Healthy babies, healthy families 	
<p>5. Next Steps/Announcements</p>	<p>Next meeting: Solano HEALS Community Meeting Date: Wednesday, October 25, 2017 Time: 5:30PM – 7:30PM Location: JFK Library</p> <p>Documentary Screening: “Resilience: The Biology of Stress & The Science of Hope” Date: Thursday, September 28, 2017 Time: 3:00PM – 5:00PM Location: Kroc Community Center, 586 East Wigeon Way, Suisun City, CA 94585 Cost: FREE</p> <p><u>Description:</u> Toxic stress can wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death.</p> <p>Resilience chronicles trailblazers in pediatrics, education, and social welfare who are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress.</p> <p>Reserve your spot today: https://www.eventbrite.com/e/resilience-the-biology-of-stress-the-science-of-hope-registration-37129387999?aff=ehomecard</p> <p>Board of Supervisors (BoS) Meeting Resolution Presentation Date: Tuesday, October 24, 2017 Time: Morning (specific details TBD) Location: Solano County Administration Building, 675 Texas St., Fairfield, CA 94533</p>	

	Sakari Lyons and Lakethia Lake-Pascua will inform the BoS about Solano HEALS and accept the Prematurity Awareness Resolution.	
6. Conclusion/Action Items/Closing	Sakari and Lakethia concluded the meeting.	