

**Solano HEALS (Health Equity for All Lives in Solano)  
Meeting Notes**

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**Date:** Wednesday July 19, 2017

**Address:** Joseph Room, JFK Library, 505 Santa Clara St, Vallejo, CA

**Time:** 5:30 PM – 7:30PM

**Notes Taken by:** Kristine Lalic

Attendees: Sakari Lyons; Loretta Calloway; Lakethia Lake-Pascua; Vanessa Stallworth; Danita Taylor; Asundep Ntui; Kristine Lalic; Susan Whalen; Faraha Nia; Acintia Wright; Krechona Westbrook

Agenda Item	Notes	Action Steps
<b>1. Introductions/Ice Breaker and Announcements</b>	<p>Sakari welcomed attendees to the meeting.</p> <p>Ice Breaker question: “Name and a vegetable that starts with the first letter of your first name that describes your personality”.</p>	
<b>2. About “Solano HEALS”</b>	Sakari introduced attendees to the mission of Solano HEALS, defined equity with regards to birth outcomes, and explained the role of CityMatCH in planning and implementing upstream and downstream community-driven strategies.	
<b>3. Data Presentation</b>	Susan delivered a presentation on Solano County data.	
<b>4. Group Activity/Next Steps</b>	<p>Sakari introduced the top 4 strategies:</p> <ol style="list-style-type: none"> <li>1. Coach Black women on how to be their own health advocate during prenatal care visits and appointments</li> <li>2. Free health education, prenatal vitamins, and birth control</li> <li>3. Centering pregnancy (group prenatal care for women due at the same time)</li> <li>4. Create in-home prenatal care with monthly clinic visits</li> </ol> <p>Attendees assembled in 4 small groups and addressed the following questions for their assigned strategy:</p> <ol style="list-style-type: none"> <li>1. Can we measure (data)?</li> <li>2. Do we have the resources and capacity to do the work?</li> <li>3. Are there community partners we can collaborate with?</li> </ol>	

4. Does this strategy make the impact we want to make?

**Strategy #1: Coach Black women on how to be their own health advocate during prenatal care visits and appointments.**

Focus: Education, awareness, interpersonal communication

1. Measure:
  - a. Infant mortality rate
  - b. Marriage vs. single vs. common law partnership (Census data)
  - c. Outcomes of participants
2. Resources & Capacity:
  - a. Collaboration
3. Community Partners:
  - a. Churches, business owners, restaurants, community service providers
4. Impact:
  - a. Sense of security (financial, all around)
  - b. Family friendly programs that look like us

**Strategy #2: Free health education, prenatal vitamins, and birth control**

Focus: Education and direct services before or between pregnancies

1. Measure:
  - a. Yes, it can be measured in the long term
2. Resources & Capacity:
  - a. Policy change
  - b. Not for targeted intervention
3. Community Partners:
  - a. Partnership?
  - b. Kaiser?
  - c. BIH
4. Impact:
  - a. Unknown

**Strategy #3: Centering pregnancy (group prenatal care for women due at the same time**

Focus: Promote existing centering programs

1. Measure:

	<ul style="list-style-type: none"> <li>a. Track referrals to CPSP programs</li> <li>b. Increase # of Black women utilizing centering pregnancy programs</li> <li>c. Track outcomes of participants</li> <li>d. Track no show rate of prenatal visits by participants</li> </ul> <ul style="list-style-type: none"> <li>2. Resources &amp; Capacity: <ul style="list-style-type: none"> <li>a. CPSP providers in Solano</li> <li>b. Centering programs in Solano</li> <li>c. Kaiser?</li> </ul> </li> <li>3. Community Partners: <ul style="list-style-type: none"> <li>a. CPSP providers</li> <li>b. Home visiting programs</li> <li>c. Alpha Pregnancy Resource Center</li> </ul> </li> <li>4. Impact: <ul style="list-style-type: none"> <li>a. Yes, centering has been shown to improve birth outcomes</li> <li>b. Example: Sacramento Kaiser BIH</li> </ul> </li> </ul> <p><b><u>Strategy #4: Create in-home prenatal care with monthly clinic visits</u></b>  Focus: Partnership between BIH and doulas; doula as enhancement to existing BIH services</p> <ul style="list-style-type: none"> <li>1. Measure: <ul style="list-style-type: none"> <li>a. BIH data</li> <li>b. Develop different assessment form</li> </ul> </li> <li>2. Resources &amp; Capacity: <ul style="list-style-type: none"> <li>a. Doulas serving Vallejo residents</li> <li>b. BIH</li> </ul> </li> <li>3. Community Partners: <ul style="list-style-type: none"> <li>a. Hatch (Doulas in Vallejo)</li> <li>b. Yoga Valley</li> <li>c. International Center Traditional Childbearing (ICTC)</li> <li>d. Birthways</li> <li>e. LOTUS Births</li> </ul> </li> <li>4. Impact: <ul style="list-style-type: none"> <li>a. Improve successful births</li> </ul> </li> </ul>	
<p><b>5. Announcements</b></p>	<p><b>Next meeting:</b>  Solano HEALS Community Meeting  Date: Wednesday, August 30, 2017</p>	

	<p>Time: 5:30PM – 7:30PM Location: JFK Library</p> <p><b>Upcoming events:</b></p> <p>1. <b><u>iBallVALLEJO a.k.a. Late Night Basketball</u></b> Date: Every Friday &amp; Saturday June 23, 2017 – July 29, 2017 Time: 9PM to 2AM Location: Vallejo High School (840 Nebraska Street, Vallejo, CA) <i>Ages 12-25. Basketball activities, coaching, community services, and workshops.</i></p> <p>2. <b><u>Emmanuel Temple’s National Night Out &amp; Resource Fair</u></b> Date: Tuesday, August 1<sup>st</sup> Time: 6PM to 8:30PM Location: Emmanuel Temple Apostolic Church, 900 6<sup>th</sup> St., Vallejo, CA</p> <p>3. <b><u>Vallejo Outreach’s “Let’s Get Ready for School”</u></b> Date: Saturday, August 12<sup>th</sup> Time: 11AM Location: Waterfront Park, Vallejo, CA <i>Free back-to-school supplies, food, and community resources</i></p> <p>Please send information and electronic copies of flyers for upcoming events to <a href="mailto:SolanoHEALS@Gmail.com">SolanoHEALS@Gmail.com</a>. Information and flyers can be posted onto the Events page of the Solano Heals website at <a href="http://solheals.wixsite.com/solanoheals">http://solheals.wixsite.com/solanoheals</a>.</p>	
<p><b>6. Conclusion/Action Items/Closing</b></p>	<p>Attendees provided word to describe their temperature after the meeting.</p>	